

Community Education Service



Are you ready for the questions your children are going to ask?

How to talk with children & youth about sexuality

Christine Sturgeon, B. Ed, Child Development Supervisor
(Level III), Additional Studies Cert.

February 15, 2017

6:30 - 8:30 pm

Sign in: 6:15pm

Mitford School

110 Quigley Drive, Cochrane

Session is FREE
of charge/
Parking fees
may apply

Register: <http://fcrc.ahs.ca/ces/>

For more information: email ces@ahs.ca or call (403) 955-4747

At this session, we will:

- consider how to talk with children and youth about sexuality
- identify reasons to discuss sexuality in a positive way with children
- gain an understanding of sexual development and behavior in children
- develop an awareness of strategies for creating a healthy environment in which to discuss sexuality with children
- learn about when and how to talk about sexuality with children
- discuss how to support children in developing healthy sexuality, values and boundaries so they can make great decisions
- explore trends such as current events and social media
- respond to questions and concerns

Level I: This session presents an parenting for healthy sexuality, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the
Child and Adolescent Addictions & Mental Health Portfolio & Psychiatry (CAAMHPP) of
AHS in partnership with **RVS, MHCB Stepping Stones to Mental Health and Sexual & Reproductive Health, AHS**