

2017/18 School Year

AGM Report from Chair

Along with hosting regular monthly meetings to provide school updates and information to parents during the 2017/18 school year, Mitford's School Council hosted a series of parent information sessions. The sessions were in response to requests from parents for information related to topics that impact the students and families in our community. A session on drug awareness; specifically the implications of the legalization of marijuana on students, featured speakers from the Calgary Police Service, the Alberta Adolescence Recovery Centre and Stepping Stones to Mental Health. Stepping Stones to Mental Health also presented sessions on stress and anxiety in students and how to help students cope. A presentation on social media awareness was also presented to parents by Stepping Stones to Mental Health. Mitford School's mental health program was also presented at a meeting to help parents understand the mental health supports that are in place at Mitford School. The sessions were well attended by parents and we will be hosting additional information sessions in the 2018/19 school year at the request of the parent community.

Our volunteer coordinator worked extremely hard this year to ensure there were volunteers available for the different events and activities at Mitford, so a huge thank you to Dawn Larsen for all of her work this year.

We would like to continue to try to engage more parents to attend Council meetings in the 2018/19 school year. We want to ensure all parents know they are invited to attend the meetings and that the meetings are a great place to meet other parents and find out what's going on at Mitford School.

I would also like to say a huge thank you to Kari Rose and Judy Heck for helping out on the executive with me this past year. Your help was greatly appreciated.